

Recommended Recipes



Mushroom omelette*



10 minutes



Easy to make



Serves 1

Ingredients

1 tsp olive oil
50g mushrooms
3 medium eggs
Italian mixed herbs

Method

Roughly slice the mushrooms and add them to a bowl with the olive oil. Mix it up and set it aside for later. In a jug or bowl, whisk the eggs together until combined, then stir in the herbs. Slowly pour the egg mixture into a hot frying pan, and drag the edges of the mixture towards the middle until it begins to set. Leave the mixture to cook for two minutes, then add the mushrooms on top. Leave to cook for a further 3 minutes or until all the egg is cooked.