

## *Creative Contributions*

### *July, Supporting*

By Debbie Green and Clare Park

Debbie Green worked as Senior Lecturer on BA (Hons) Acting at Royal Central School of Speech & Drama for over two decades, her subject being Actor Movement. Outside of this, she has worked since the 1980s with photographer Clare Park as subject, co-conceiver and choreographer—producing photographic work for exhibition and publication. The below image, *July, Supporting*, is from 'Series Blue' (2017) in *Breaking Form: Re-Formed* (2020; 99; photograph by Clare Park; movement direction by Toby Sedgwick; digital artwork by Matthew Tugwell).

The 'Series Blue' images layer and weave together Clare and Debbie's personal photographs month-by-month, compressing time and space to produce a visual journal of a year in their lives. Debbie's landscapes—from her 'walks with no dog' photographic series—flow across Clare's portraiture. Each picture has one element from their previous 'Breaking Form: Buz<sup>1</sup> and Parkinson's' project, here Buz's Skeleton Ship and Scribblings, whilst also casting back to previous themes such as the presence of worn and unworn masks and the bond of friendship.

The text is a response to our image – I took on the role of observer of this co-created image and of myself as one of the subjects. My words follow the pattern of the sky water scribblings but are unrelated. The words in columns are also in three layers or strata of thoughts evoked by the image, 'balance', 'a balancing act' as the unpredictable nature of life experience and its impact from which this picture emerged, and selected words from my studio actor movement vocabulary including Contact Improvisation. (Debbie Green, July 2020).

#### **Works Cited**

Green, Debbie et al. *Breaking Form: Re-Formed*. Clare Park (self-published), <https://www.clarepark.com/breakingformre-formedbook>.

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<sup>1</sup> Buz Williams, 1949-2014, PWP (Person with Parkinson's), Debbie's husband.



Latent	Equality	In the balance	Finding where the balance is	Counterbalance
Stasis	In balance	Counter-act	Balancing out	One side, the other side
Place in a steady position	Equal	Healthy balance	Credits and debits equal	Holding balance
Suspension	Even out	Reciprocal	Harmony of design and proportion	In time
Stalemate	Predominating amount	Horizontal	An amount left over	Spirit level
Counterweight	Equivalent	Fulcrum	Still upright, still vertical	Friendship
Central pivot	Strike a balance	Libra	Equilibrium	
the Balance	On balance	(Two scales pans)		
Weighing up	Meet match			
Offset	Go, come	Pull back	Could go either way	Out of balance
Tectering on the brink	Hither, thither	Heave ho	Contradictory	Imbalance
Precarious	Pull away, pull towards	To and fro	Mutuality	Up and down
Off balance	Counterpull	Back to front, front to back, forwards, backwards	Negotiation	Rocking the boat
Precipitous	Mental and emotional	Push Me Pull You	Counterpull	Tip the scales
Flip flop	(st)llability	Adverse direction	Shift, adjust	Keep balanced
Tipping point				
Give and take	Pull, push	Even distribution of weight	Perpendicular	Bound progression
Sink your weight, pay attention, listen	Initiate, receptivity	Stillness	Connecting	Seesaw
Wait	Stable, labile	Full emptiness		Place of potential
Act, react	Release and support			
Offer and receive				